

Why is it important for children to learn about music?

- Music helps the brain develop and increase sound recognition and small motor skills.
- Increased test scores throughout their school year and higher SAT scores.
- Helps develop language skills. If you sing with your child they tend to remember the words.
- Helps develop emotional awareness as music can trigger emotional response.
- Increases coordination by following the beat and keeping with the pace.

Activity: Keep the Rhythm

Goal: Oral language, print skills, social emotional skills

Materials: Construction paper, crayons.

Directions:

- Start by asking your child to choose four sounds they enjoy making with their body like clap, snap, tap, stop.
- On the construction paper draw six boxes and help your child come up with a pattern where a shape represents a sound.
- Make sure to include a key at the bottom giving a shape on one of the sounds.
- Once the pattern is complete join your child in keeping the rhythm. It might take a few tries before the patterns can be done without looking at the paper.
- Encourage your child to create new patterns.

